

Home Group Notes: Week Beginning Sunday 10th May 2026

REFLECTION [suggest 15 mins]

How has your week been? Where have you seen the love or goodness of God in your life this week? When have you experienced God's grace or healing? Have you spent time in prayer or in the Word?

PRAISE THROUGH WORSHIP & WORD [suggest 10 – 20 mins]

Read together: Psalm 92:1-8. Use these verses to inform your prayers of praise and thanksgiving.

STUDY [suggest 30 - 60 mins]

Read Luke 5:17-26. Consider some or all of the following questions together:

Q. Why did the Pharisees come from all over the region to see Jesus (v17)? “*Only God can forgive sins!*” Were they right to challenge Jesus' extraordinary claims (v21)? “*The Power of the Lord was with Jesus to heal the sick*” (v17) is an unusual phrase for Luke to use. How would Luke know this? Have you ever sensed such a thing, either corporately or personally? How can we (CBC) cultivate a Sunday morning environment where the ‘*Power of the Lord*’ is regularly present to heal the sick?

Q. What were the men ultimately attempting to do, and what can we learn from them? “*When Jesus saw their faith, He said, “friend, your sins are forgiven!”*” (v20) what part does faith play in healing? Can you think of other examples of healing in the Gospels where faith was – or wasn't – a factor? (**ie, see Luke 7:8-10; Luke 8:46-48; Luke 17:11-17; Matthew 13:53-58; Mark 5:35-43**)

Q. What incredible claim was Jesus making by forgiving the man's sin? What is sin? How would you explain the concept of sin to a non-Christian? Discuss whether our need for forgiveness of sin is more critical than physical healing.

Q. Why did Jesus use the title ‘*Son of Man*’ (see **Daniel 7:13-14**)? How do we know the man's sins were forgiven, and that Jesus can forgive sin? Have you experienced Jesus' forgiveness? How does the gospel free us from the paralyses of guilt, shame, fear, and unforgiveness? (see **Ephesians 1:7-8; Colossians 1:13-14**)

Q. Have you ever helped a friend in a hard time like these friends did? Why is it important to have friends who can help us, like the men helped the paralysed man? When you have a problem, who can you ask to pray for you and help you? How can we praise God when we see good things happen?

PRAYING TOGETHER [suggested 15 mins]

Thank & praise God that in Christ we have forgiveness of sins. Pray for those who are need of physical/emotional/spiritual healing. Thank God for one another, and for the blessing it is to know and love each other in Christ.